



Specialty Class Descriptions

Ball Machine class: Player will have a ball machine feeding balls to various locations and using the coach to help set up drills. They can expect a brief introduction to how the ball machine works. They will be run through a set of drills while the coach is usually on the same side of the net, working on various stroke development. Some coaches may have players compete for a little bit towards the end

Family Lesson: This is designed similar to Family night, except it is a 6-week session. One parent and one child sign up together. It is 6 parent/child combos, designed for beginner youth, parent can be any level. They do partner activity learning on two courts, led by two coaches. They will progress through the session, much like a beginner class.

Fitness Classes: Cardio Tennis. Players will run through a number of Drills on and off court. using modified balls to extend rallies. They may use Offer court activities to keep people moving including ladders, jump ropes and more.

Serving 1: Players will spend a decent amount of time on Serving. First serve, second serve, location and more. They will also work on return on serve as part of the class

Serving 2: Players will work on traditional serves, such as making your flat serve better, spin serve more spin, but will also work on and introduce specialty serves, which could include, Top Spin, Kick and more. This class will also work on return of serve.

Specialty shots clinics: Designed for players UTR 2 and above. Class will focus on developing strokes not normally taught during regular group or play instructs. Specialty shots Clinics include: Slice, Heavy Top spin/Top Spin lob, Approach shots, drop shots and drop volleys, Kick serve or non-traditional serves, inside out forehands and many other options clinics happen every 6 weeks and are 1.25 hours.

Play Ready: This class is designed as a bridge from Advanced Beginners to actually playing a game The focus of the class is to still work on stroke development, but will be a little slower, as coaches spend a little more time on court positioning for singles and doubles and where/how you should hit the ball and court position

Camps: Adult Camps are generally held the Week in-between sessions and are 3 day.

Flights: our in-house match play leagues based on the UTR Leveling system all flights are Co-Ed 5 weeks of match play with 1 week of play-off play. flight winners are awarded a trophy. Both Singles and Double flights are offered. You do not need a partner to sign up for the doubles flights as it's conducted on a rotational basis. All flight scores are recorded on the MYUTR website